



LITE BITES

Toasted Pr'agel

Everything or Plain
Butter, Cream Cheese or
Peanut Butter and Jelly
3.00

Tampa Bagel

Toasted Pr'agel, House Smoked
Fish Spread, Tomato, Onion
7.00

House Baked Sweet & Savory Pastries

Daily Varietals
3.00

House Baked Whoopie Pies

Daily and Seasonal Varietals
3.00

Whole Fruit

1.50

SIMPLE SMOOTHIES

Blended with Coconut Milk, Oat Milk or Ice Cream

Mango, Strawberry, Pineapple, Raspberry, Kale and Avocado

6.00

WHOOPIE WHIPS

28 OZ

Blended with Coconut Milk, Oat Milk or Ice Cream

Chocolate Covered Strawberry

Strawberries, Vanilla, Milk Chocolate,
Cocoa Nibs and Chocolate Chips
9.00

Tropical Citrus Malt

Mango, Orange Juice, Coconut,
Malted Milk, Vanilla
9.00

FIRST BREW

HOT BEVERAGES

	Small 8 oz	Large 16 oz
Coffee (Black)	2.50	3.50
Cappuccino	3.50	4.50
Café Latte	3.50	4.50
Americano	3.50	4.50
Mocha	3.50	4.50
French Vanilla	3.50	4.50
Hot Chocolate	3.50	4.50
Hot Vanilla	3.50	4.50
Espresso	2.50	
Double Espresso	4.50	
Macchiato	3.00	

COLD BEVERAGES

	Regular 20 oz
Iced Coffee (Black)	4.00
Iced Latte	4.00
Iced Mocha	4.50
Coffee Frappe	4.50
Mocha Frappe	4.50

REFRESHMENTS

Pepsi Sodas	3.00
Bottled Water	2.00
Bubly Sparkling Water	2.50
Naked Juices	6.00
Rockstar Energy Drinks	4.00
Tropicana Juices	3.00

EXTRAS

Extra Shot	2.50
Coconut Milk	0.50
Oat Milk	0.50

